



## CAP Online Trainings

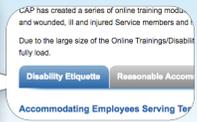
Go to the CAP website at [www.cap.mil](http://www.cap.mil)



Cursor over "Training & Outreach" and select "Online Trainings" in the dropdown menu



Select from the training category tabs to browse the related training modules



## Disability Etiquette



### Disability Etiquette Part One: Introduction and Background (4 min, 20 sec)

Targeted to supervisors and co-workers of individuals with disabilities, this training provides basic tips to serve as a guideline when interacting with an individual who has a disability.



### Disability Etiquette Part Two: Individuals with Dexterity and Mobility Limitations (4 min, 22 sec)

Individuals with dexterity or mobility limitations can include: individuals who use wheelchairs, individuals with limited mobility and those with upper extremity dexterity limitations.



### Disability Etiquette Part Three: Individuals Who are Blind or Have Low Vision (5 min, 33 sec)

Individuals who are blind, have low vision or have visual impairments, are considered to have different limitations and should be treated accordingly.



### Disability Etiquette Part Four: Individuals Who Are Deaf or Hard of Hearing (5 min, 11 sec)

"Deaf" means unable to hear well enough to understand speech, while "hard of hearing" can mean the ability to hear environmental sounds or understand speech with an aid.



### Disability Etiquette Part Five: Individuals with Cognitive Limitations (5 min, 43 sec)

Cognitive limitations can include: memory loss, perception problems or other issues which can be caused by dyslexia, ADHD, stroke, PTSD, TBI or other conditions.



### Disability Etiquette Part Six: Individuals with Communication Limitations (2 min, 38 sec)

Communication limitations can be caused by Cerebral Palsy, stroke, traumatic brain injury, ALS, MS or other conditions.



### Disability Etiquette Part Seven: Individuals with Non-Obvious Disabilities (6 min, 31 sec)

Non-obvious disabilities may include cognitive limitations, brain injuries, mental health disorders, or a disease or disorder, such as Crohn's disease, lupus or epilepsy.

## Employment



### Accommodating Employees Serving Term or Temporary Appointments (3 min, 03 sec)

CAP works with students and recent graduates participating in federal employment programs to ensure they have the accommodations they need on the job.



### Accommodating an Aging Workforce (2 min, 26 sec)

With the baby boomer generation and federal workers staying on the job longer, more employees may encounter age-related disabilities.



### **Increasing Federal Employment of People with Disabilities** (10 min, 18 sec)

Learn about who CAP is, what we do, agency responsibilities, the Employment Lifecycle: Recruitment, Placement, Promotion and Retention, and how CAP can support you.

## **Reasonable Accommodations**



### **CAP Online Training: Ergonomics** (5 min, 53 sec)

Receive an overview of good workplace ergonomic practices and learn why ergonomics matters to you.



### **Providing Reasonable Accommodation Solutions for Wounded Service Members** (6 min, 51 sec)

Learn how CAP partners at military treatment facilities can provide accommodations for wounded Service members during and after rehabilitation.



### **Providing Reasonable Accommodations for People who are Blind or have a Vision Disability** (3 min 49 sec)

Vision disabilities may include blindness, low vision and vision impairments.



### **Providing Reasonable Accommodations for People with Hearing Disabilities** (4 min, 10 sec)

Hearing disabilities includes deaf or hard of hearing.



### **Providing Reasonable Accommodations for People with Cognitive Disabilities** (3 min, 28 sec)

Cognitive disabilities may include digital memory loss, perception problems and other issues. They may be caused by dyslexia, ADHD, stroke, PTSD and TBI.



### **Providing Reasonable Accommodations for People with Dexterity Disabilities** (3 min, 34 sec)

Dexterity disabilities may include quadriplegia, paraplegia, MS, cerebral palsy, stroke, upper body amputation, or significant repetitive stress injuries.



### **Providing Reasonable Accommodation Solutions** (2 min, 59 sec)

Learn about what a reasonable accommodation solution is, who CAP accommodates, what a needs assessment involves, and how to initiate the request process.

## **For Points of Contact (POCs)**



### **CAP Partner Agency Points of Contact: Introduction** (3 min, 57 sec)

This POC training module provides an introduction to the following training segments, which explain how CAP's teams support agency POCs.



### **CAP Partner Agency Points of Contact: The CAP Assessment Team** (5 min, 23 sec)

This POC training module provides an overview of how CAP's assessment team operates and analyzes accommodation requests.



### **CAP Partner Agency Points of Contact: The CAP Acquisition Team** (7 min, 14 sec)

This POC training module provides an overview of the federal acquisition procedures that govern CAP acquisition activity.



### **CAP Partner Agency Points of Contact: The CAP Outreach Team** (5 min, 24 sec)

This POC training module examines CAP at agency events, CAP news and social media, and our training videos.